
























January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
7	8	9	10	11
NO SCHOOL TODAY	BBQ Chicken Legs with a WG Dinner Roll Or- Chef Salad w/a WG Dinner Roll  Or- Yogurt & Cheese Stick with a WG Dinner Roll Cowboy Beans Fresh Banana	Pizza Hut Pizza Or- Chicken Salad Croissant Or- Yogurt & Cheese Stick with a WG Soft Pretzel Fresh Broccoli Peaches	Big Ol' Meatball with WG Garlic Bread  Or- Southwest Chicken Wrap Or- Yogurt & Cheese Stick with WG Garlic Bread Seasoned Green Beans Fresh Apple	Macaroni and Cheese with a WG Soft Pretzel Or- Asian Chicken Salad with a WG Soft Pretzel Or- Yogurt & Cheese Stick with a WG Soft Pretzel Peas Blueberries
14	15	16	17	18
SPV – Red Bell Pepper Strips Sausage, Egg & Cheese Biscuit Sandwich  Or- Cottage Cheese & Fruit with a WG Biscuit Or- Yogurt & Cheese Stick with a WG Biscuit Sweet Potato Tots Fresh Apple	Cheeseburger on a Bun  Or- Hummus, WG Flatbread and Fresh Vegetables Or-Yogurt & Cheese Stick with a WG Soft Pretzel Baked Beans  Fresh Banana 	Sweet & Sour Popcorn Chicken with Brown Rice Or- Salami, Cheese, Crackers and a Nutrigrain Bar  Or-Yogurt & Cheese Stick with a WG Dinner Roll Oriental Blend Vegetables Fresh Pear Fortune Cookie	BBQ Chicken Flatbread Pizza Or- Antipasto Pasta Salad  Or-Yogurt & Cheese Stick with a WG Dinner Roll Romaine Salad with Croutons Mixed Fruit	Shepherd's Pie with a WG Breadstick  (Ground Beef w/Peas, Carrots, and Corn with Mashed Potatoes) Or- Sunshine Chicken Salad w/a WG Breadstick Or-Yogurt & Cheese Stick with a WG Breadstick Mashed Potatoes Strawberries
21	22	23	24	25
Martin Luther King, Jr. Day NO SCHOOL TODAY	Crispy Chicken Sandwich Or- Italian Hoagie  Or-Yogurt & Cheese Stick with a WG Soft Pretzel Jazz'd Crinkle Fries Peaches	Pizza Hut Pizza Or- Turkey BLT  Or-Yogurt & Cheese Stick with a WG Breadstick Fresh Broccoli Peaches 	<i>National Compliment Day</i> Turkey Pot Pie w/a WG Biscuit Or- Roast Beef Sandwich  Or-Yogurt & Cheese Stick with a Biscuit Steamed Carrots Fresh Yellow Apple <i>That's a wonderful smile!</i>	Walking Taco with a Lettuce and Cheese Cup  Or- Crispy Chicken Salad with a WG Dinner Roll Or-Yogurt & Cheese Stick with a WG Dinner Roll Refried Beans Orange Wedges
28	29	30	31	1
SPV – Baby Carrots Hot Dog on a Bun  Or- Turkey & Cheese Hoagie Or-Yogurt & Cheese Stick with a WG Soft Pretzel Ranch Beans Applesauce	Popcorn Chicken Bowl with Cheddar Cheese and a WG Breadstick Or- Beef Taco Salad with a WG Breadstick  Or-Yogurt & Cheese Stick with a WG Breadstick Mashed Potatoes & Gravy Fresh Banana	Grilled Cheese and Tomato Soup Or- Southwest Chicken Salad with a WG Dinner Roll Or-Yogurt & Cheese Stick with a WG Dinner Roll Crisp Celery Sticks w/Ranch Pineapple Tidbits	Penne Pasta with Meat Sauce and WG Garlic Bread  Or- Turkey Custer  Or-Yogurt & Cheese Stick with WG Garlic Bread Romaine Spinach Salad Mandarin Oranges Candy Cookie	 Pancakes & Sausage Links  Or- Buffalo Chicken Wrap Or-Yogurt & Cheese Stick with a WG Dinner Roll Sweet Potato Fries Blueberries 

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change.  Denotes PORK in main entrée.  Denotes BEEF in product
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