



September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>SPV – Red Bell Pepper Strips 9</p> <p>Colby Cheese Omelette with a WG Long John Donut Or- Salami, Cheese & Crackers with a Nutrigrain Bar  Or- Yogurt & Cheese Stick with WG Long John Donut Sweet Potato Waffle Fries Mixed Fruit Cocktail</p>	<p>10</p> <p>Popcorn Chicken Bowl with Cheddar Cheese & Assorted WG Bread Or- Turkey Custer Sandwich  Or- Yogurt & Cheese Stick with Assorted WG Bread Mashed Potatoes & Gravy Watermelon Farm to School</p>	<p>Patriot Day</p> <p>11</p> <p>Sloppy Joe on a Bun  Or- Asian Chicken Salad with Assorted WG Bread Or- Yogurt & Cheese Stick with Assorted WG Bread Baked Beans Fresh Strawberries</p>	<p>12</p> <p>Chicken Alfredo with Penne Pasta & WG Garlic Bread Or- Hummus, Flatbread and Fresh Veggies Or- Yogurt & Cheese Stick with WG Garlic Bread Romaine Salad with Croutons Muskmelon Farm to School</p>	<p><i>New Item!</i> 13</p> <p>Chicken Lettuce Wrap w/Cucumber Ranch Dressing with Assorted WG Bread Or- Ham & Cheese Hoagie  Or- Yogurt & Cheese Stick with Assorted WG Bread Crispy Cucumbers Fresh Apple Farm to School  Candy Cookie</p>
<p>SPV – Baby Carrots 16</p> <p>Sweet & Sour Popcorn Chicken with Brown Rice Or- Roast Beef Sandwich  Or- Yogurt & Cheese Stick with Assorted WG Bread Steamed Broccoli Mandarin Oranges Fortune Cookie</p>	<p>17</p> <p>Breaded Chicken Parmesan Sandwich with Marinara Or- Beef Taco Salad with a WG Soft Pretzel  Or- Yogurt & Cheese Stick a WG Soft Pretzel Green Peas Watermelon Farm to School</p>	<p>18</p> <p>Pizza Hut Pizza Or- Antipasto Pasta Salad  Or- Yogurt & Cheese Stick with a WG Soft Pretzel Iceberg Lettuce Salad Chilled Pears</p>	<p><i>Talk Like a Pirate Day!</i> 19 <i>New Item!</i></p> <p>Jamaican BBQ Pulled Pork Sandwich  Or- Southwest Chicken Salad with Assorted WG Bread Or- Yogurt & Cheese Stick with Assorted WG Bread Seasoned Sweet Potato Fries Muskmelon Farm to School Pirate Bootie White Cheddar Snack</p>	<p>20</p> <p>NO SCHOOL TODAY NO LUNCH SERVED</p>
<p>SPV – Grape Tomatoes 23 First Day of Autumn</p> <p>Corn Dog Or- Italian Hoagie  Or- Yogurt & Cheese Stick with Assorted WG Bread Cowboy Beans Chilled Peaches </p>	<p>24</p> <p>Meatball Sub with Mozzarella Cheese  Or- Cottage Cheese & Fruit With a WG Soft Pretzel Or- Yogurt & Cheese Stick with a WG Soft Pretzel Seasoned Green Beans Watermelon Farm to School</p>	<p>25</p> <p>Cheeseburger on a Bun  Or- Crispy Chicken Salad with Assorted WG Bread Or- Yogurt & Cheese Stick with Assorted WG Bread Jazz'd French Fries Fresh Banana</p>	<p>Johnny Appleseed Day 26</p> <p>Chicken Nuggets with a WG Soft Pretzel Or- Turkey BLT WG Or- Yogurt & Cheese Stick with a WG Soft Pretzel Glazed Carrots  Fresh Apple with Caramel Farm to School</p>	<p>27</p> <p>Macaroni & Cheese with WG Garlic Bread Or- Buffalo Chicken Wrap Or- Yogurt & Cheese Stick with WG Garlic Bread Romaine Spinach Salad Muskmelon Farm to School</p>
<p>SPV – Red Bell Pepper Strips 30</p> <p>Sausage & Cheese Biscuit Sandwich  Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with a Fluffy Biscuit Sweet Potato Tots Blueberries</p>	<p>1</p> <p>BBQ Chicken Legs with Assorted WG Bread Or- Chef Salad with Assorted WG Bread  Or- Yogurt & Cheese Stick with Assorted WG Bread Baked Beans Watermelon Farm to School</p>	<p>2</p> <p>Pizza Hut Pizza Or- Tuna Salad on 9 Grain Or- Yogurt & Cheese Stick with Assorted WG Bread Fresh Broccoli Chilled Pears</p>	<p>3</p> <p>Turkey and Gravy with a Ciabatta Roll Or- Southwest Chicken Wrap Or- Yogurt & Cheese Stick with a Ciabatta Roll Mashed Potatoes Muskmelon Farm to School</p>	<p>4</p> <p>NO SCHOOL TODAY NO LUNCH SERVED</p>

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change.  Denotes PORK in main entrée.  Denotes BEEF in product

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