










November 2020

Monday	Tuesday	Wednesday	Thursday	Friday
SPV – Baby Carrots 9 Chicken Nuggets with Assorted WG Bread Or- Sunbutter & Jelly Sandwich with a Cheese Stick Or- Yogurt & Cheese Stick with Assorted WG Bread California Blend Vegetables Mixed Fruit	10 Cheesy Nachos Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with Assorted WG Bread Chili Beans Banana	 Veterans Day 11 Pizza Hut Pizza Or Ham & Cheese Hoagie Or- Yogurt & Cheese Stick With a WG Soft Pretzel Romaine Salad with Croutons Chilled Peaches	12 THANKSGIVING Roasted Turkey with Gravy and a WG Ciabatta Roll Or- Yogurt & Sunflower Seeds w/a WG Ciabatta Roll Mashed Potatoes with Gravy Homemade Apple Crisp	New Item! 13 Chicken Tenders Or- Roast Beef & Cheese Hoagie  Or- Yogurt & Cheese Stick with Assorted WG Bread Sweet Potato Fries Fresh Pear
SPV – Grape Tomatoes 16 Mozzarella Cheese Sticks With pizza Sauce Or- Sunbutter & Jelly Sandwich with a Cheese Stick  Or- Yogurt & Cheese Stick with Assorted WG Bread Mixed Vegetables Pineapple Tidbits	17 WG Waffles with Sausage Links  Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick a WG Ciabatta Roll Breakfast Yams Banana	18 Cheeseburger on a WG Bun  Or Ham & Cheese Hoagie Or- Yogurt & Cheese Stick with Assorted WG Bread Romaine Salad Strawberries	19 Corn Dog Or- Roast Beef & Cheese Hoagie Or- Yogurt & Sunflower Seeds with WG Garlic Bread Cowboy Beans Chilled Pears	20 Crispy Chicken on a Bun WG Or- Italian Hoagie Or- Yogurt & Cheese Stick with a WG Soft Pretzel Tater Tots Blueberries
SPV – Baby Carrots 2 Popcorn Chicken with a Biscuit Or- Sunbutter & Jelly Sandwich with a Cheese Stick Or- Yogurt & Cheese Stick with a Fluffy Biscuit Seasoned Corn Fruit Medley	24 Chicken Fried Steak on a Bun Or Ham & Cheese Hoagie Or- Yogurt & Cheese Stick with a WG Soft Pretzel Crinkle French Fries Fruit Medley	25 NO SCHOOL TODAY NO LUNCH SERVED	26 NO SCHOOL TODAY NO LUNCH SERVED	27 NO SCHOOL TODAY NO LUNCH SERVED
SPV – Grape Tomatoes 30 Fish Sandwich with Cheese on a WG Bun Or- Sunbutter & Jelly Sandwich with a Cheese Stick Or- Yogurt & Cheese Stick with a WG Soft Pretzel Steamed Carrots Cinnamon Applesauce	1 Fried Chicken Drumstick with Assorted WG Bread Or Ham & Cheese Hoagie Or- Yogurt & Cheese Stick with Assorted WG Bread Steamed Green Beans Strawberries	2 Pizza Hut Pizza Or- Tuna Salad Croissant Or- Yogurt & Cheese Stick with Assorted WG Bread Romaine Salad Chilled Pears	3 Crispy Pork Carnitas with Lettuce and Cheese Cup  Or- Turkey & Cheese Hoagie Or- Yogurt & Sunflower Seeds with Assorted WG Bread Seasoned Black Beans Orange Wedges	4 Macaroni & Cheese with a WG Soft Pretzel Or- Roast Beef & Cheese Hoagie  Or- Yogurt & Cheese Stick with a WG Soft Pretzel Steamed Pears Blueberries Chocolate Chip Cookie

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change.  Denotes PORK in main entrée.  Denotes BEEF in product

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