





- 1. Read **books** everyday.
- 2. Develop **fine motor skills**: holding a pencil, coloring, cutting with scissors.
- 3. Teach **patience** and work on **empathy**.
- 4. Learn to follow 2-step **instructions**: "Please go get your shoes and then put them on".
- 5. Use good manners: "Please" and "Thank You".
- 6. Talk about **social skills**: sharing, taking turns, positive words, talk about handling anger.
- 7. Help your child take **responsibility**: clean up messes, dress themselves, get their own snacks.
- 8. Practice **number recognition**: Count objects daily.
- 9. Practice **letter and sound recognition**. Practice saying the letters and their sounds.
- 10. Build self-esteem. Praise your child often.