























# October 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;"><b>3</b></p> <p>Popcorn Chicken with Assorted Bread Or- Sunbutter &amp; Jelly Sandwich with a Cheese Stick Or- Yogurt &amp; Cheese Stick with Assorted WG Bread Green Beans Chilled Pears</p>	<p style="text-align: right;"><b>4</b></p> <p>Sausage &amp; Cheese WG Biscuit Sandwich Or- Ham &amp; Cheese Hoagie  Or- Yogurt &amp; Cheese Stick a WG Biscuit Tater Tots Mixed Fruit</p>	<p style="text-align: right;"><b>5</b></p> <p>Pizza Hut Pizza with Assorted WG Bread Or- Tuna Salad Croissant Or- Yogurt &amp; Cheese Stick with Assorted WG Bread Romaine Salad with Croutons Chilled Peaches</p>	<p style="text-align: right;"><b>6</b></p> <p>Sloppy Joe on a WG Bun  Or- Italian Hoagie   Or- Yogurt &amp; Sunflower Seeds w/a WG Soft Pretzel Baked Beans Crisp Apple <span style="background-color: yellow;">Farm to School</span></p>	<p style="font-size: 2em; color: red;"><b>NO SCHOOL</b></p>
<p style="text-align: right;"><b>10</b></p> <p>French Toast w/a Sausage Patty Or- Sunbutter &amp; Jelly Sandwich w/a Cheese Stick Or- Yogurt &amp; Cheese Stick with Assorted WG Bread Cinnamon Breakfast Yams Pears</p>	<p style="text-align: right;"><b>11</b></p> <p>Chicken Fried Steak Sandwich on a WG Bun  Or- Ham &amp; Cheese Hoagie  Or- Yogurt &amp; Cheese Stick with Assorted WG Bread Golden Corn Banana</p>	<p style="text-align: right;"><b>12</b></p> <p>Macaroni &amp; Cheese with a WG Soft Pretzel Or- Chicken Salad Croissant Or- Yogurt &amp; Cheese Stick with a WG Soft Pretzel Broccoli Strawberries</p>	<p style="text-align: right;"><b>13</b></p> <p>Taco Beef Salad with WG Tortilla Chips  Or- Italian Hoagie   Or- Yogurt &amp; Sunflower Seeds with Assorted WG Bread Iceberg Salad Crisp Apple <span style="background-color: yellow;">Farm to School</span></p>	<p style="text-align: right;"><b>14</b></p> <p>French Dip Sandwich  Or- Turkey &amp; Cheese Hoagie Or- Yogurt &amp; Cheese Stick with Assorted WG Bread Ranch Beans Fruit Medley</p>
<p style="text-align: right;"><b>17</b></p> <p>Hamburger on a WG Bun  Or- Sunbutter &amp; Jelly Sandwich w/a Cheese Stick Or- Yogurt &amp; Cheese Stick w/Assorted WG Bread Jazz'd French Fries Mixed Fruit</p>	<p style="text-align: right;"><b>18</b></p> <p>Crispy Chicken Sandwich on a WG Bun Or- Ham &amp; Cheese Hoagie  Or- Yogurt &amp; Cheese Stick with a WG Soft Pretzel Steamed Carrots Chilled Peaches</p>	<p style="text-align: right;"><b>19</b></p> <p>Pizza Hut Pizza with Assorted WG Bread Or- Tuna Salad Croissant Or- Yogurt &amp; Cheese Stick with Assorted WG Bread Romaine Salad with Croutons Pineapple Tidbits</p>	<p style="text-align: right;"><b>20</b></p> <p><span style="color: green;">Crispy</span> Chicken Tacos w/a Lettuce &amp; Cheese Cup Or- Italian Hoagie   Or- Yogurt &amp; Sunflower Seeds with Assorted WG Bread Seasoned Black Beans Crisp Apple <span style="background-color: yellow;">Farm to School</span></p>	<p style="text-align: right;"><b>21</b></p> <p>Big Ol' Meatball with WG <span style="color: red;">Garlic Bread</span>  Or- Turkey &amp; Cheese Hoagie Or- Yogurt &amp; Cheese Stick with WG <span style="color: red;">Garlic Bread</span> Italian Blend Vegetables Blueberries</p>
<p style="text-align: right;"><b>24</b></p> <p>Breaded Mozzarella Cheese Sticks Or- Sunbutter &amp; Jelly Sandwich w/a Cheese Stick Or- Yogurt &amp; Cheese Stick w/Assorted WG Bread Glazed Carrots Chilled Pears</p>	<p style="text-align: right;"><b>25</b></p> <p>Pepperoni Pizza Calzone   Or- Ham &amp; Cheese Hoagie  Or- Yogurt &amp; Cheese Stick with a WG Soft Pretzel Iceberg Salad Orange Smiles</p>	<p style="text-align: right;"><b>26</b></p> <p>Chicken Teriyaki Dumplings Or- Chicken Salad Croissant Or- Yogurt &amp; Cheese Stick with Assorted WG Bread Broccoli Mandarin Oranges</p>	<p style="text-align: right;"><b>27</b></p> <p>BBQ Chicken Sandwich on a WG Bun <span style="background-color: yellow;">Farm to School</span> Or- Italian Hoagie   Or- Yogurt &amp; Sunflower Seeds with Assorted WG Bread Baked Beans Mixed Fruit</p>	<p style="font-size: 2em; color: red;"><b>NO SCHOOL</b></p>
<p style="font-size: 2em; color: red;"><b>NO SCHOOL</b></p>	<p style="font-size: 2em; color: red;"><b>NO SCHOOL</b></p>	<p style="text-align: right;"><b>2</b></p> <p>Pizza Hut Pizza with Assorted WG Bread Or- Tuna Salad Croissant Or- Yogurt &amp; Cheese Stick with Assorted WG Bread Fresh Cauliflower Chilled Peaches</p>	<p style="text-align: right;"><b>3</b></p> <p>Roasted Chicken Drumstick <span style="background-color: yellow;">Farm to School</span> with Assorted WG Bread Or- Italian Hoagie   Or- Yogurt &amp; Sunflower Seeds with Assorted WG Bread Ranch Beans Crisp Apple <span style="background-color: yellow;">Farm to School</span></p>	<p style="text-align: right;"><b>4</b></p> <p>Chicken Alfredo with Penne Pasta and WG <span style="color: red;">Garlic Bread</span> Or- Turkey &amp; Cheese Hoagie Or- Yogurt &amp; Cheese Stick with WG <span style="color: red;">Garlic Bread</span> Broccoli Strawberries</p>

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change.  Denotes PORK in main entrée.  Denotes BEEF in product **WG** = Whole Grain  
Please note: Menus are subject to change based on product availability. Please visit <https://westsidecommunityschoolsne.mealviewer.net/#home> for the most up-to-date menus.  
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