




# November 2022

Monday	Tuesday	Wednesday	Thursday	Friday
<b>7</b> Sweet & Sour Popcorn Chicken with Brown Rice Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Or- Yogurt & Cheese Stick with Assorted WG Bread Steamed Broccoli Chilled Pears	<b>8</b> Crispy Fish Sandwich with Cheese on a WG Bun Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with a WG Soft Pretzel Jazz'd Waffle Fries Mixed Fruit	<b>9</b> Walking Taco with a Lettuce & Cheese Cup  Or-Chicken Salad on 9 Grain Or-Yogurt & Cheese Stick with Assorted WG Bread Chili Beans Banana	<b>10</b> Chicken Fried Chicken with Gravy and Assorted WG Bread Or- Italian Hoagie   Or- Yogurt & Sunflower Seeds with Assorted WG Bread Sweet Potato Wedges Chilled Peaches	<b>11</b> Cheeseburger on a WG Bun  Or- Hummus Cup with a WG Soft Pretzel Or-Yogurt & Cheese Stick with a WG Soft Pretzel Iceberg Salad Blueberries
<b>14</b> <p style="text-align: center; color: red; font-weight: bold;">NO SCHOOL</p>	<b>15</b> Crispy Chicken Sandwich on a WG Bun Or- Turkey & Cheese Hoagie Or-Yogurt & Cheese Stick with a WG Soft Pretzel Steamed Carrots Chilled Pears	<b>16</b> Pizza Hut Pizza with Assorted WG Bread Or- Tuna Salad on 9 Grain Or-Yogurt & Cheese Stick with Assorted WG Bread Romaine Salad with Croutons Applesauce	<b>17</b> Roasted Turkey with Gravy & a WG Ciabatta Roll Or-Yogurt & Cheese Stick with A WG Ciabatta Roll Mashed Potatoes with Gravy Apple Crisp Vanilla Ice Cream Cup	<b>18</b> Meatball Sub with Mozzarella Cheese   Or- Hummus Cup with Assorted WG Bread Or-Yogurt & Cheese Stick with Assorted WG Bread Seasoned Green Beans Strawberries
<b>21</b> WG Pancakes with a Sausage Patty Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Or- Yogurt & Cheese Stick w/Assorted WG Bread Sweet Potato Tots Chilled Peaches	<b>22</b> Grilled Cheese Sandwich Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with Assorted WG Bread Golden Corn Fruit Medley	<b>23</b> <p style="text-align: center; color: red; font-weight: bold;">NO SCHOOL</p>	<b>24</b> <p style="text-align: center; color: red; font-weight: bold;">NO SCHOOL</p>	<b>25</b> <p style="text-align: center; color: red; font-weight: bold;">NO SCHOOL</p>
<b>28</b> Breaded Mozzarella Cheese Sticks Or- Sunbutter & Jelly Sandwich w/a Cheese Stick Or- Yogurt & Cheese Stick with Assorted WG Bread Mixed Vegetables Mixed Fruit	<b>29</b> Chicken Noodle Soup with WG Garlic Bread Or- Turkey & Cheese Hoagie Or- Yogurt & Cheese Stick with WG Garlic Bread Steamed Carrots Crisp Apple	<b>30</b> Pepperoni Pizza Calzone  Or- Chicken Salad on 9 Grain Or- Yogurt & Cheese Stick with Assorted WG Bread Broccoli Banana	<b>1</b> BBQ Chicken Drumstick w/Assorted WG Bread <span style="background-color: yellow;">Farm to School</span> Or- Italian Hoagie   Or- Yogurt & Sunflower Seeds with Assorted WG Bread Cowboy Beans Chilled Pears	<b>2</b> Chili Mac with Pasta with a WG Breadstick  Or- Hummus Cup with a WG Breadstick Or- Yogurt & Cheese Stick with a WG Breadstick Tater Tots Blueberries

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change.  Denotes PORK in main entrée.  Denotes BEEF in product **WG** = Whole Grain  
 Please note: Menus are subject to change based on product availability. Please visit <https://westsidecommunityschoolsne.mealviewer.net/#home> for the most up-to-date menus.  
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