**September 2023**

***Daily Option = Yogurt with a Cheese Stick or Sunflower Seeds and Assorted WG Bread***

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  **4**No School |  **5**No School  |  **6****Pizza Hut Pizza** **Or- Tuna Salad on 9 Grain**  **Bread** Fresh BroccoliChilled Pears |  **7****Meatball Sub with Mozzarella**  **Cheese** **Or- Turkey & Cheese Hoagie**Crinkle French FriesWatermelon Farm to School |  **8****Popcorn Chicken with Assorted**  **WG Bread****Or- Ham & Cheese Hoagie**Green Beans Orange Wedges |
|  SPV – Grape Tomatoes **11****Chicken Fried Steak Sandwich** **Or-Sunbutter & Jelly Sandwich**  **with a Cheese Stick**Mixed VegetablesCinnamon Applesauce |  **12****WG Pancakes with a Sausage**  **Patty****Or- Turkey & Cheese Hoagie**Sweet Potato WedgesBanana |  **13** **BBQ Chicken Leg**  Farm to School  **with**  **Assorted WG Bread****Or- Chicken Salad on 9 Grain**Baked BeansMixed Fruit |  **14****Sloppy Joe on a WG Bun** **Or- Italian Hoagie** Tater TotsCantaloupe Farm to School |  **15****Crispy Chicken Parmesan**  **Sandwich w/Mozzarella Cheese****Or- Ham & Cheese Hoagie** Fresh BroccoliChilled Peaches |
| SPV – Baby Carrots **18****Colby Cheese Omelet with a WG**  **Biscuit****Or-Sunbutter & Jelly Sandwich**  **with a Cheese Stick**Glazed CarrotsChilled Blueberries |  **19****Crispy Chicken on a WG Bun****Or- Italian Hoagie** Golden CornChilled Pears |  **20****Pizza Hut Pizza** **Or- Tuna Salad on 9 Grain**  **Bread** Romaine Salad Craisins |  **21****Crispy Carnitas Tacos with a**  **Lettuce & Cheese Cup** **Or- Turkey & Cheese Hoagie**Seasoned Black BeansWatermelon Farm to School |  **22****Breaded Chicken Leg with**  **WG Garlic Bread****Or- Ham & Cheese Hoagie** Seasoned Green BeansApplesauce |
| SPV – Grape Tomatoes **25****Cheese Dunkers with Marinara**  **Sauce** **Or-Sunbutter & Jelly Sandwich**  **with a Cheese Stick**Italian VegetablesMixed Fruit |  **26****Cheeseburger on a WG Bun** **Or- Turkey & Cheese Hoagie**Jazz’d French FriesBanana |  **27****Sweet & Sour Popcorn Chicken**  **with Brown Rice****Or- Chicken Salad on 9 Grain**Fresh BroccoliPineapple Tidbits |  **28****Beef and Cheese Nachos** **Or- Italian Hoagie** Chili BeansCantaloupe Farm to School |  **29** **Herbed Chicken over Bow Tie**  **Pasta with a WG Ciabatta Roll****Or- Ham & Cheese Hoagie** Steamed CarrotsCrisp Apple |

8 oz. nonfat flavored or 1% unflavored milk served daily. Menus subject to change.  Denotes PORK in main entrée.  Denotes BEEF in product **WG** = Whole Grain

**Please note: Menus are subject to change based on product availability. Please visit** [**https://westsidecommunityschoolsne.mealviewer.net/#home**](https://westsidecommunityschoolsne.mealviewer.net/#home) **for the most up-to-date menus.**

**This Institution is an equal opportunity provider**.